



Youth Tool Kit

*A Complete
Resource with
Program
Refinements*

- T2** START WHERE YOU ARE
- T4** BELIEVE
- T10** BELONG
- T14** BECOME
- T22** ROLES AND RESPONSIBILITIES



Video Training
on the Tool Kit



Liahona article
on the Tool Kit

START WHERE YOU ARE

You may wonder who you really are, who God is, and what it looks like to live as a disciple of Jesus Christ. Maybe you want to know more about your purpose and potential.

You are a child of God.

The fact that you are reading this now is important.

You are right where you belong.

This tool kit was created to help you **believe** in Jesus Christ and His gospel, **belong** in His kingdom, and **become** more like Him.

Your next steps of discipleship can begin right here and now, where you are.

As a child of God, you are destined for great things. As a disciple, you are here to help prepare the world for the Second Coming of Jesus Christ.

Come take your place!

WHAT WILL I DO?	BUILDER OF FAITH or DEACON <i>(beginning the year you turn 12)</i>	<i>In addition, as a</i> MESSENGER OF HOPE or TEACHER <i>(beginning the year you turn 14)</i>	<i>In addition, as a</i> GATHERER OF LIGHT or PRIEST <i>(beginning the year you turn 16)</i>	<i>In addition, in the</i> RELIEF SOCIETY or as an ELDER <i>(after you turn 18)</i>
Gospel Learning BELIEVE in Christ	• Daily patterns of discipleship • Share the gospel, teach, and bear testimony • FSY guide invitations	• Seminary	• Help others with their FSY guide invitations	• Institute
Service and Activities BELONG with Christ	• Midweek activities • Camp • Other events	• FSY conference • Youth conference	• Help plan camp and other events	• FSY counselor • Other activities
Personal Development BECOME more like Christ	• Help with God's work as a Builder of Faith or deacon (see page T22 or T26)	• Help with God's work as a Messenger of Hope or teacher (see page T23 or T27)	• Help with God's work as a Gatherer of Light or priest (see page T24 or T28)	• Help with God's work as a Relief Society sister or elder (see page T25 or T29)

YOUR JOURNEY BEGINS HERE



Look in the *For the Strength of Youth* magazine for learning activities to support your Sunday lessons.

- On **fast Sunday**, you will study that month's chapter from the FSY guide and accept one invitation to act on throughout the month.
- On the **second and third Sundays**, you will do a deeper study of doctrinal topics related to principles in the FSY guide chapter. This will help you better understand how to live those principles.
- On the **last Sunday** of the month, you will study how to live as a covenant son or daughter of God.
- Topics for **fifth Sundays** will be decided by the bishop.

In some months, your class or quorum won't meet on all four Sundays because of a holiday, general conference, or other meetings. When this happens, give priority to the fast-Sunday and last-Sunday curriculum. The lessons for the second and third Sundays can be adapted for use in any remaining Sundays.

FSY GUIDE TOPICS

MONTH	FSY GUIDE CHAPTER
January	God's plan is for you
February	God wants to communicate with you
March	You can help with God's work
April	Jesus Christ will help you
May	Walk in God's light
June	Love God, love your neighbor
July	Ordinances and covenants give you access to God's blessings
August	Temple ordinances and covenants give you greater access to God's blessings
September	You are blessed by priesthood keys and authority
October	Your body is sacred
November	Truth will make you free
December	Jesus Christ brings joy

BELIEVE



DISCIPLESHIP IS AN ADVENTURE

You are not the first to set off on this amazing journey of discipleship. Others have gone before. Think of Peter. He thought he was just an ordinary fisherman. You may have thoughts like that too. But the Lord saw something more—a disciple. Peter’s story reminds us that choosing to live as a disciple of Jesus Christ is filled with adventure:

- *Peter’s fishing nets were filled to bursting (see Luke 5:1–7).*
- *He walked on water (see Matthew 14:22–32).*
- *He was fearless in sharing his testimony of Jesus Christ (see Acts 4:18–20).*

Peter did things he never imagined he could, in places he never thought he would be.

- **Why do you think Peter stepped out of the boat? (See Matthew 14:28–29.)**
- **When have you accepted an invitation from the Lord, even if it was hard? How did He bless you?**

Over time, Peter discovered that he had a great work to do.

So do you!

In fact, prophets have declared that you have been sent here now because “God needs strong and courageous sons and daughters on earth *now*.” You are not here to fail. You are here “to succeed—and to help others succeed. As you follow Jesus Christ, you will have all the strength and courage you need.”¹

Disciples believe

NOTE

1. Russell M. Nelson, “Connect to Christ’s Power,” *For the Strength of Youth*, June 2024 (digital-only article), Gospel Library.

DISCIPLES BELIEVE

If you want to increase your belief in Jesus Christ, start by learning of Him and accepting simple invitations to follow Him. This is what it means to be His disciple.

→ **Builders of Faith, Messengers of Hope, deacons, and teachers** will accept one invitation from the FSY guide each month.

Every fast Sunday you will study a chapter from the FSY guide with your quorum or Young Women class. In the last few minutes of the lesson, you will choose an invitation to work on at home throughout the month. You can choose an invitation from the FSY guide, or you can create one of your own.

Your invitations might help you with:



Strengthening relationships



Temple and family history work



Mission preparation



Health and fitness



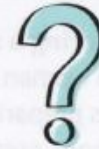
Service in the community



Spiritual growth



Education



Other interests

Your invitation should be fun and interesting to you, increase your love for Jesus Christ, and help you discover your divine purpose and potential. Be creative—choose something that will help you grow.

At the end of each month, talk with your parents or a leader about your experiences accomplishing your invitation. Write your experience in the Gospel Library app or in a journal, and record how accepting this invitation is helping you live as a lifelong disciple of Jesus Christ.

→ **Gatherers of Light and priests** will lead, teach, and encourage other youth, continue to accept invitations, live as lifelong disciples of Jesus Christ, and prepare for future opportunities for growth (see page T24 or T28 for more information).

EMBLEMS

EMBLEM OF DISCIPLESHIP

Crystal Christ

- Given to all youth as they enter the youth program, at the Brand New Year event.
- Serves as a reminder of living as a lifelong disciple of Jesus Christ.

EMBLEM OF ACHIEVEMENT

Medallion for Young Women or Oil Vial for Young Men

You receive the medallion or oil vial as you begin your first year as a Gatherer of Light or priest. It signifies that:

- **You are growing as a lifelong disciple of Christ** by acting on invitations from the FSY guide. This is done over a period of time at the discretion of the local bishop or branch president.
- **You are ready to lead, teach, and encourage** other young women or Aaronic Priesthood holders.
- **You are entering a sacred season of preparation** to become a woman or man of righteous influence. This includes preparing to be ordained an elder (for young men), preparing to receive your temple endowment, serving a mission (if desired, for young women), and preparing for an eternal family.

- **You have faith in Jesus Christ**, you love God and your neighbor, and you draw upon the enabling strength of Christ as you make and keep covenants with Him.
- **You have read or listened to the Book of Mormon** as a young woman or Aaronic Priesthood holder. The Book of Mormon study plan in the Gospel Library app can help you track your progress.

Your bishop will interview you before your first year as a Gatherer of Light or priest to review your progress and ask about your experiences with invitations from the FSY guide. He will invite you to lead, teach, and encourage the Builders of Faith and Messengers of Hope or deacons and teachers. He will help you begin preparing for what is ahead. For young men: This interview is not the same as an interview to be ordained a priest, and worthiness for that ordination is not dependent on participation in the FSY guide program.

The medallion or oil vial is given by the bishop at the Brand New Year event.

Do What Works Best

The guiding principles outlined here are adaptable. If you are new to the Church or started actively attending the youth program after turning 12, begin the program where others your age are. Do what works best for you, your family, your class or quorum, and your ward.

Counsel with family and leaders to make modifications, such as the type and frequency of activities and experiences. You do not need to be a member of The Church of Jesus Christ of Latter-day Saints to participate.



GATHERERS OF LIGHT AND PRIESTS

WORK WITH ADULT LEADERS TO PLAN THE EVENTS DESCRIBED BELOW. THE PLANNING SHEET ON PAGE T12 CAN HELP YOU.

BRAND NEW YEAR EVENT

At the beginning of each year, youth get to participate in a Brand New Year event. Parents are invited. In this event, you welcome friends who are new to the program and celebrate those moving to the next age-group or priesthood quorum.

You will also learn more about who you are becoming—including your divine identity, purpose, and potential.

New youth entering the program will receive an emblem of discipleship—a Christus statue as a reminder to become a lifelong disciple of Jesus Christ (see page T6).

The bishop presents Gatherers of Light with the medallion at this event. He also presents priests with an oil vial.

CELEBRATION OF LIFELONG DISCIPLESHIP

The Celebration of Lifelong Discipleship celebrates you! It is usually held the last quarter of the year. At this event, you display or share with family, leaders, and friends:

- *The invitations you accepted.*
- *Your experiences at activities, camps, conferences, and other events.*
- *What you've done to encourage and support one another.*

WHAT DOES DAILY DISCIPLESHIP LOOK LIKE?

WHAT	WHY
Love and serve others	Jesus said your love is the way people will know you are His disciple (see John 13:35).
Pray	You can talk to God, and He will answer you.
Study the scriptures, especially the Book of Mormon	The scriptures will help you come to know and love Jesus Christ and learn how to live more like Him. As you read the Book of Mormon every day, you will make better choices every day.
Keep the commandments	God gives you commandments to guide you, protect you, and help you grow.
Repent	Turn to Christ for strength to overcome. He will forgive and heal you and help you become more like Him.
Learn	Education will bless your life and empower you to bless others.
Worship at church	At church you will strengthen your covenant relationship with God and find belonging with other disciples.
Take the sacrament	Taking the sacrament and keeping your covenant will allow you to draw upon God's blessings and have His Spirit with you always.
Donate tithing	Tithing helps build God's kingdom. As you donate tithing with gratitude, God will pour down blessings, increase your faith, guide you, and answer your prayers.
Live the Word of Wisdom and the law of chastity	Obeying these laws will give you greater strength and will help protect you and your future family.
Discover your family history	This will help protect you against the increasing influence of the adversary, and it will strengthen your love for your family.
Perform ordinances in the temple, where possible	When you do, God arms you with His power, puts His name upon you, surrounds you with His glory, and sends His angels to watch over you (see Doctrine and Covenants 109:22).

HOW TO PREPARE A TALK

- What is your topic? How does it connect to Jesus Christ? How will you help people love, trust, and follow Him?

- What scriptures will you use? What other gospel resources might help, such as general conference quotes?

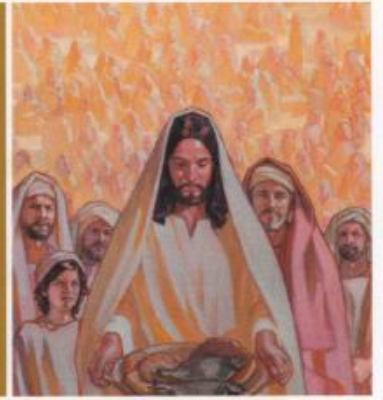
- What personal experience or story could help people understand the truth you are teaching?

- How will you invite others to live the truth you are teaching? How will you help them recognize promised blessings that come from this truth?

- How will you bear testimony of Heavenly Father and Jesus Christ and the truth you are teaching?



BELONG



COME AND BELONG, AND BRING A FRIEND

The Savior told a parable about a man who planned a party and invited everyone to come. But his friends didn't accept the invitation, so he sent his servant into the streets to invite more people.

No one was to be left out, not the poor or the blind or the ones who couldn't walk.

→ **Do you wonder how the servant got the person who was blind to the party?**

→ **What about the person who couldn't walk?**

The servant must have done more than just invite these people. Somehow, he brought them to the gathering.

He might have guided some of them. Perhaps he carried some. When everyone was seated at the table, there was still room for more. The man who planned the party told the servant to go out and invite even more people.

He sent his servant to the edges of the city to find people who wouldn't expect an invitation like this. He wanted the servant to tell everyone that there was a place for them at his party, that they were saving a seat for them. *You can read this story in Luke 14:15–24.*

You can be a friend like that!

In fact, prophets have declared that you are unusually gifted in reaching out to others. You are gifted in gathering.¹ You understand why the Savior wants everyone to come. **It's love.**

Disciples belong

NOTE

1. See Russell M. Nelson, "Witnesses, Aaronic Priesthood Quorums, and Young Women Classes," *Ensign or Liahona*, Nov. 2019, 39.

ADVENTURE AWAITS



You are gathering the family of God. You are part of something bigger than just you.

You now belong to a Young Women class or Aaronic Priesthood quorum, and you are going to do some amazing things together!

Part of creating belonging is making sure everyone feels welcome.

You will have regular opportunities to brainstorm activities, put them into action, and invite your friends and others to join you.

Everyone should have an opportunity to be a part of creating meaningful and fun events!

What you will do:

- ▶ PLAN EXCURSIONS
- ▶ EXPERIENCE NEW THINGS
- ▶ EMBRACE CHALLENGES
- ▶ BUILD FRIENDSHIPS
- ▶ SERVE

Who will you invite?



At the beginning of each year, youth participate in a **Brand New Year event** where you welcome friends who are new to the program and learn about the annual youth theme. See page T7 for more information.

SOCIAL MEDIA ACCOUNTS

The following accounts will help you stay up to date, meet other disciples like you from around the world, and experience joy through music and inspiration.



@forstrengthofyouth



@youngmenworldwide



youtube.com/c/strivetobe



@youngwomenworldwide_



@churchofjesuschrist

DISCIPLES BELONG

How do we create belonging?

This pattern can be used to plan activities or to counsel together with your quorum, class, or age-group presidency.



Safety at
Church Activities

Conduct at
Church activities

Permission and
Medical Release Form

ACTIVITY PLANNER

Our plan for activities, camps, and conferences

BECOME

OUR FOCUS. *What does God want to happen in our lives because of this activity?*

OUR THEME. *If our event needs a theme, will it come from scripture, the annual youth theme, the FSY guide, or another spiritual source?*

LOCATION

DATE

TRANSPORTATION

WHO WE WILL INVITE. *Is this for our quorum or class? Are we joining with other young women or young men? With both? Who needs a personal invitation?*

ACTIVITIES AND SERVICE. *Will we learn something new or do something hard that challenges us? Are we creating a fun gathering that others will want to attend? Who will be blessed by what we're doing?*

OUR SAFETY. *How will we keep everyone spiritually, emotionally, and physically safe? (see [safety.ChurchofJesusChrist.org](https://www.churchofjesuschrist.org)).*

- ☐ Are parents aware of our plans?
- ☐ Are release forms needed? (see page T13).
- ☐ Are there allergies or abilities we need to consider?

ASSIGNMENTS. *Who will conduct, give prayers, teach, or lead the activity? How can others help?*

OUR BUDGET. *What is our budget for this event?*

EVALUATE THE EVENT.

- ☐ Did we accomplish our goal? Why or why not?
- ☐ Did our group feel the Spirit? When?
- ☐ What did we learn?
- ☐ How was our faith in Jesus Christ strengthened?
- ☐ Did we increase belonging? How could we improve?

Don't forget to look at the *For the Strength of Youth* magazine for activity and service ideas.



View PDF

BECOME



WHAT IS GOD'S GREAT WORK FOR ME? _ _ _

On the fourth Sunday of every month, your class or quorum will discuss how priesthood ordinances and covenant promises will help you discover your purpose and potential as a covenant daughter or son of God.

At the beginning of your fourth-Sunday lesson in the *For the Strength of Youth* magazine, you'll find a statement with a scripture verse to guide your discussion on divine purpose and identity. Read this statement together at the beginning of your lesson. There is also a scripture story about a son or daughter of God who you can learn from.

Ponder how these lessons align with what you're learning and experiencing in the FSY guide each month.

SEE "BECOMING A COVENANT DAUGHTER OF GOD" AND "BECOMING A COVENANT SON OF GOD" ON PAGES T17 AND T20.

→ YOUNG WOMEN WHO AM I?

You are a daughter of heavenly parents, with a divine nature and eternal destiny. Maybe you wonder what this means. You can learn more about your divine identity from women in the scriptures who turned to God to discover the path to their eternal potential.

Emma Smith was a woman like that.

After God's priesthood had been restored, the Lord Himself, through His prophet, gave a revelation to Emma, His daughter.

She was taught how she could progress from a daughter in His kingdom, to an elect lady, and finally, a queen (see Doctrine and Covenants 25:1, 3, 15).

Each of us can learn some important things from the Lord's revelation to Emma:

- *God will speak to you.*
- *You are His daughter.*
- *You are chosen and called; God has a work for you to do.*

And we learn that the principles and promises in Doctrine and Covenants 25 are the voice of the Lord unto all (see Doctrine and Covenants 25:1, 16).

That includes you!

Just like He did for His daughter Emma, God wants to teach you about the great work He has for you.

Prophets have said that regularly studying section 25 of the Doctrine and Covenants will guide and bless you. Your study will help you understand how to access God's blessings by participating in priesthood ordinances and making and keeping sacred covenants.¹

Accessing the power of God in your life requires the same things that the Lord instructed Emma to do in Doctrine and Covenants 25.

- **What did the Lord tell Emma to do that would also help you to access the power of God in your life?**
- **How can the restoration of the priesthood, along with the Lord's counsel to Emma, guide and bless you?**

**“Hearken unto the voice of the
Lord your God, while I speak unto
you, . . . my daughter.”**

DOCTRINE AND COVENANTS 25:1

NOTE

1. See Russell M. Nelson, “Spiritual Treasures,” *Ensign* or *Liahona*, Nov. 2019, 77 (see also pages 76–79); Emily Belle Freeman, “Live Up to Your Privileges,” *Liahona*, Nov. 2024, 7–9.

DISCIPLES BECOME

What is my purpose as a daughter in God's plan?

This is an important question.

From the beginning of time, the role of women has been essential to God's plan.

Our role has been to inspire faith with our testimony, share our witness of Christ, and build up the kingdom of God. We are givers of life with sacred responsibilities and divine destinies.

Have you ever noticed that in the most critical moments, women were pivotal in moving forward God's plan and His work of salvation and exaltation?

- *Our glorious Mother **Eve**, one of the mighty and great ones, took the courageous early step to make it possible for all of us to experience mortal life (see Doctrine and Covenants 138:38–39; Moses 5:1).*
- **Mary, handmaid of the Lord**, delivered our Savior, Jesus Christ, into mortality and bore witness of His divinity (see Luke 1–2).
- **The woman at the well** was the first person recorded in the Gospels to hear Jesus declare Himself to be the Messiah. She then became a **builder of faith** for the Samaritans (see John 4).
- **Mary Magdalene** was the first to see the risen Lord. She became a witness of Christ and **messenger of hope** (see John 20).
- **Emma Smith** was an essential participant in the work of the Restoration. As a **gatherer of light**, she was set apart to teach scripture and encourage the Saints (see Doctrine and Covenants 25).

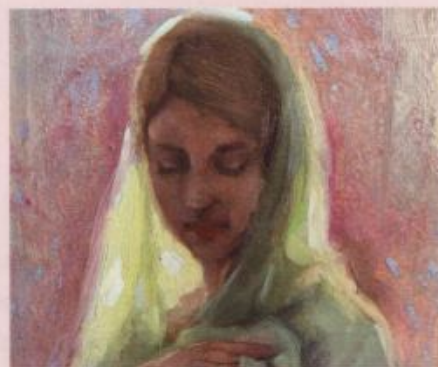
God's plan of salvation depends on the heroic actions of valiant women.

YOU CAN BECOME A WOMAN LIKE THAT!

**A Builder of Faith, a Messenger of Hope,
and a Gatherer of Light.**



View PDF of the
Young Women
Theme



BECOMING A COVENANT DAUGHTER OF GOD

At the beginning of your Young Women meeting on the fourth Sunday of each month, you will study one of these statements to help you better understand your divine identity and purpose in God's plan.

I am a beloved daughter of heavenly parents, with a divine nature and eternal destiny.

I rejoice in God's divine design of family.

I desire to become a loving wife and mother and a woman of righteous influence.

God knows me. He knows my name. I will listen and respond to His voice and acknowledge His hand in all things.

God has chosen me for a great work. I will stand as His witness at all times and in all things and in all places as I prepare the world for the Savior's return.

I am blessed by the redeeming power of the Atonement of Jesus Christ as I turn to Him, exercise faith, repent, and seek to improve each day.

I will set aside the things of the world and seek for better things as it is given to me by the Spirit.

God has called me to minister in the spirit of meekness as Jesus would. Led by His Spirit, I can minister to others in His holy name.

I navigate life with divine guidance and increase my companionship with the Spirit as I participate in priesthood ordinances and keep my covenant promises.

I am preparing to receive the temple endowment by keeping my covenant promises so I can live up to my privileges and draw upon the power of God.

I lead, teach, and minister to others by drawing on the power of God and listening to the Spirit.

Humility and virtue will empower me to live with respect and reverence for myself, others, and God.

I pursue truth, study the words of ancient and modern prophets, and learn by the power of the Holy Ghost. I courageously share what I learn.

I live in joy, find strength and purpose in Christ, and rejoice in my noble birthright as a covenant daughter of God.

➔ AARONIC PRIESTHOOD HOLDERS

WHO AM I?

You are a beloved son of God, and He has a work for you to do. Maybe you wonder what this means. The scriptures are filled with stories of God's children who turned to Him to discover who they are and what He wanted them to do.

Moses was someone like that.

When Moses was at the top of a high mountain, he talked with the Lord.

Each of us can learn some important things from the Lord's conversation with Moses:

- ➔ *First, God told Moses who He was: "I am the Lord God Almighty."*
- ➔ *Then, God taught Moses, "Thou art my son."*
- ➔ *God told Moses that He had an important work for him to do.*

Finally, God blessed Moses, reminding him that he was chosen. God promised him strength and

assured Moses that He would be with him all along the way (see Moses 1:3–4, 6, 25–26).

The same is true for you!

Just as He did for Moses, God will teach you about the great work He has for you.

Prophets have invited you to study how to draw upon God's power through priesthood ordinances and covenant promises, to live as the Savior would, and to minister as He does.

The scriptures will teach you how serving as a priesthood holder will allow you and the people you serve to receive God's blessings.

- ➔ **How will you treat the authority to act in Christ's name as a sacred trust?**
- ➔ **How can you show that you trust God? How can you show that He can trust you?**

"Behold, I am the Lord God Almighty, and . . . thou art my son. . . . And I have a work for thee."

MOSES 1:3, 4, 6

DISCIPLES BECOME

What is my purpose as a son in God's plan?

This is an important question.

From the beginning of time, within the order of His priesthood, God has ordained the sons of God to act on behalf of the Son of God.

As a deacon, teacher, or priest, YOU have been called to stand shoulder to shoulder with sons of God like Adam, John, and Joseph.

As you live worthily and fulfill priesthood duties, you will bless others and build God's kingdom in ways only you can.

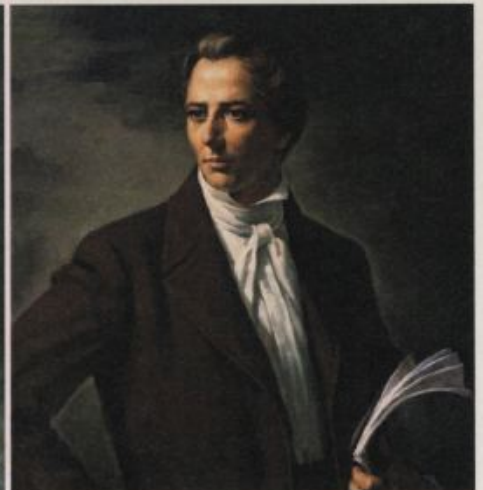
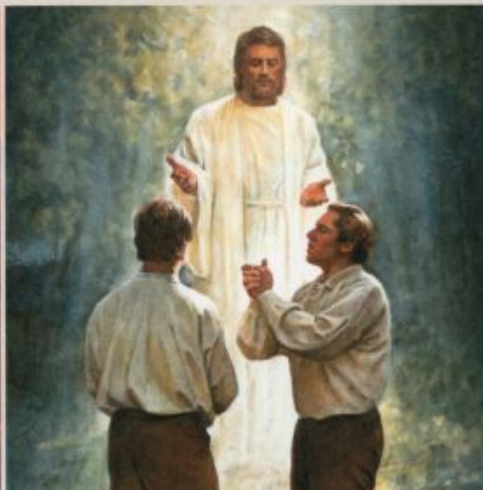
- **Adam** was given priesthood keys to guide God's children home (see Doctrine and Covenants 128:21). He watched over the family of God and helped them draw upon His power through priesthood ordinances and covenant promises (see Moses 5:1–12).
- **John the Baptist** prepared the way for Jesus Christ. As a holder of the Aaronic Priesthood, he taught repentance and baptized others, helping them to draw closer to God (see Matthew 3:1–17).
- **Joseph Smith** received the Aaronic Priesthood from John the Baptist. Although Joseph was young, he trusted God, and God trusted him. With priesthood authority, he helped build God's kingdom (see Joseph Smith—History 1:68–75).

You have the responsibility to act on behalf of the Son of God.

LIVE WORTHY OF THAT RESPONSIBILITY!



View PDF of the
Aaronic Priesthood
Quorum Theme



BECOMING A COVENANT SON OF GOD

At the beginning of your quorum meeting on the fourth Sunday of each month, you will study one of these statements to help you better understand your divine identity and purpose in God's plan.

I am a beloved son of God, and He has a work for me to do.

I rejoice in God's divine design of family.

I desire to become a loyal husband, a loving father, and a man of righteous influence.

God knows me. He knows my name. I will listen and respond to His voice and acknowledge His hand in all things.

I will prepare to become a diligent missionary by being a true disciple of Jesus Christ. I will help prepare the world for the Savior's return by inviting all to come unto Christ.

I am blessed by the redeeming power of the Atonement of Jesus Christ as I turn to Him, exercise faith, repent, and seek to improve each day.

With all my heart, might, mind, and strength, I will love God, keep my covenants, and use His priesthood to serve others, beginning in my own home.

God has called me to minister to others as Jesus would, watch over the Church, and strengthen my fellow Saints.

I navigate life with divine guidance and increase my companionship with the Spirit as I participate in priesthood ordinances and keep my covenant promises.

I am preparing to receive the temple endowment by keeping my covenant promises so I can live up to my privileges and draw upon the power of God. I will prepare to receive the Melchizedek Priesthood.

I will help others make and keep covenants and connect with God and Jesus Christ by ministering and by worthily administering in the ordinances of the Aaronic Priesthood, including baptism and the sacrament.

Humility and virtue will empower me to live with respect and reverence for myself, others, and God.

I pursue truth, study the words of ancient and modern prophets, and learn by the power of the Holy Ghost. I courageously share what I learn.

I live in joy, find strength and purpose in Christ, and rejoice in my noble birthright as a covenant son of God.

MINISTERING

BROTHERS OR SISTERS

Beginning in the year you turn 14, you can be assigned as a ministering brother or sister (see pages T23 and T27 for more information). Ministering means serving others as the Savior did. He loved, taught, prayed for, comforted, and blessed those around Him. He ministered to others one by one. You can minister like Jesus Christ in your daily life. That is what disciples do.

What good will you do?

Learn more about the people you will minister to. See them as God sees them. Build a genuine friendship.



Pray for inspiration to know how to serve by recognizing needs.



Use your strengths and talents to minister. Ask a leader for extra help if needed.



Reach out in kindness. Look for little ways to show your love. Pray with them.



Talk of Christ. Share the words of scripture and prophets.



Strengthen your friendship. Share encouragement and joy.



ROLES AND RESPONSIBILITIES

➔ YOUNG WOMEN

Builder of Faith *(beginning the year you turn 12)*

A builder of faith helps build God's kingdom through her faith in Christ, steadfast witness, and actions that uplift and encourage others (see Ephesians 2:19–20; “As Sisters in Zion,” Hymns, no. 309, verse 1).

What does it mean to be a Builder of Faith?

As a Builder of Faith, you are blessed by priesthood ordinances. God invites you to access His power, through priesthood ordinances and covenant promises, and to understand how that power works within you (see Doctrine and Covenants 25:8). Ponder how the ordinance of the sacrament, along with your covenant promises, allow you to draw upon the gift of God's power and the Savior's enabling strength to overcome. As you partake of the sacrament and keep God's commandments, your companionship with the Spirit and with angels will increase, empowering you to navigate life with divine guidance (see Doctrine and Covenants 107:20).

How can I help with God's work?

As a Builder of Faith, you:

1. **Serve others.** You reflect the love of Jesus Christ by creating a spirit of encouragement and belonging in your home, school, and class. You can receive a temple recommend and go to the house of the Lord to be baptized and confirmed for your ancestors. Other opportunities to serve will come from callings, assignments, or from spiritual promptings to reach out to people around you.
2. **Invite all to come unto Christ.** You can serve as a greeter at sacrament meeting, helping people find places to sit and setting the tone for Sunday worship with kindness, reverence, and joy. Learn people's names and build their faith as you help them feel at home in Christ's Church. Show by your words and actions that they are “fellowcitizens with the saints” and members “of the household of God” (Ephesians 2:19). You can also speak in meetings, share the gospel, and bear testimony of Christ.

How can the FSY guide help?

Each month, you can accept a new invitation from the FSY guide. This will help you become a more faithful follower of Jesus Christ and serve Him more diligently as a Builder of Faith.

Messenger of Hope (beginning the year you turn 14)

A Messenger of Hope carries Christ's message of hope to the weary, speaking peace, sharing comfort, and lifting hearts through the power of the Spirit (see Mosiah 18:8–9; "As Sisters in Zion," Hymns, no. 209, verse 2).

What does it mean to be a Messenger of Hope?

As a Messenger of Hope, you can study how faithfulness, walking in paths of virtue, and holding fast to your covenants will allow God's power to flow into your life more fully (see Doctrine and Covenants 25:2, 13). This will empower you to fulfill your purpose and reach your full potential. As you partake of the sacrament and take the Savior's name upon you, you renew your covenant to stand as a witness of Him "at all times and in all things and in all places." This includes responding as He would by bearing one another's burdens, mourning with those who mourn, comforting those who stand in need of comfort (see Mosiah 18:8–9).

How can I help with God's work?

As a Messenger of Hope, you have all the responsibilities of a Builder of Faith. In addition, you:

1. **Serve others.** You stand as a witness of Christ as you show compassion, speak peace, and offer strength. As a Messenger of Hope, you can be assigned as a ministering sister and give Christlike care to the people you are assigned to and anyone else you notice who is in need (see *General Handbook*, 21.2.2).
2. **Invite all to come unto Christ.** As a ministering sister, you help others strengthen their faith in Jesus Christ, receive ordinances, make and keep sacred covenants, and grow spiritually. Your Christlike love, care, and service help those you minister to experience hope and joy in Christ.

How can the FSY guide help?

Each month, you can accept a new invitation from the FSY guide. During your years as a Messenger of Hope, you can also begin attending seminary and FSY conferences. All of this will help you become a more faithful follower of Jesus Christ and serve Him more diligently as a Messenger of Hope.

Gatherer of Light (beginning the year you turn 16)

A Gatherer of Light trusts divine guidance and draws strength from covenants as she seeks, gathers, and reflects God's light (see Doctrine and Covenants 50:24; "As Sisters in Zion," Hymns, no. 309, verse 3).

What does it mean to be a Gatherer of Light?

As a Gatherer of Light, you trust that priesthood ordinances, combined with your covenant promises, will allow the power of godliness to be manifest in your life (see Doctrine and Covenants 84:20; 1 Nephi 14:14). Accessing this power in your life will require the same things that the Lord instructed Emma Smith to do in Doctrine and Covenants 25. Learn all that you can about Jesus Christ. Above all, learn of His great atoning sacrifice, which allows His gifts of repentance and grace to bless your life and the lives of others. Through His power, the Lord will heal your heart, enlarge your capacity, and transform you into the woman He knows you can become.

How can I help with God's work?

As a Gatherer of Light, you have all the responsibilities of a Builder of Faith and Messenger of Hope. In addition, you:

1. **Serve others.** You encourage others, minister in love, and teach the gospel as you are guided by the Spirit. You have gone before, and you know the way. You are now prepared to lead, teach, and encourage Builders of Faith and Messengers of Hope, supporting them as they accept FSY invitations, become lifelong disciples of Jesus Christ, and live up to their privileges as covenant daughters of God.
2. **Invite all to come unto Christ.** The Lord wants you to "expound scriptures, and to exhort the church, according as it shall be given thee by my Spirit" (Doctrine and Covenants 25:7). You can do this through words but even more powerfully through the way you live (see 1 Timothy 4:12).

How can the FSY guide help?

Each month, you continue to accept invitations from the FSY guide. You also strengthen and encourage other young women with their invitations and sacred responsibilities. During these years, you can attend seminary and FSY conferences. All of this will help you become a more faithful follower of Jesus Christ and serve Him more diligently as a Gatherer of Light.

This is a sacred season, when you prepare to become a woman of righteous influence. This includes receiving your temple endowment, serving a mission if desired, and preparing for an eternal family.

Relief Society *(after you turn 18)*

Relief Society helps God's children prepare to return to His presence. As daughters of heavenly parents, members of Relief Society "expound scriptures," "exhort the church," lift hearts, and "cleave unto the covenants [they have] made" (Doctrine and Covenants 25:7, 13).

What does it mean to be a member of the Relief Society?

The Prophet Joseph Smith taught that the purpose of Relief Society is to save souls and relieve suffering. He told the women that the Church of Jesus Christ was not fully organized until the sisters were so organized.¹ As a member of the Relief Society, you will work together with other sisters to help accomplish God's work, guided by the Relief Society motto, "Charity never faileth" (1 Corinthians 13:8). You serve others, fulfill covenant responsibilities, build unity, and learn and live the gospel of Jesus Christ.

How can I help with God's work?

As a Relief Society sister, you belong to the organization that the Lord prepared for all adult women in the Church. In addition to the responsibilities you learned as a young woman, you:

1. **Serve others.** When you join the Relief Society, you will belong to one of the largest women's service organizations in the world. As a follower of Jesus Christ, and as part of this lifelong sisterhood, you have a responsibility to reach out in love to those in need. You seek ways to serve and minister to others in the ward and community, offering relief as Christ would. Emma Smith, the first President of the Relief Society, said, "We are going to do something extraordinary. . . . We expect extraordinary occasions and pressing calls."²
2. **Invite all to come unto Christ.** Members of Relief Society invite all to receive the blessings of the gospel of Jesus Christ (see Mosiah 18:9). They do this by sharing the gospel and strengthening others. They are willing to share "not the gospel of God only, but also [their] own souls, because [others are] dear unto [them]" (1 Thessalonians 2:8). This includes providing both temporal and spiritual relief to all within their reach.

➔ AARONIC PRIESTHOOD HOLDERS

Deacon (beginning the year you turn 12)

“Every . . . deacon is to be ordained according to the gifts and callings of God unto him . . . by the power of the Holy Ghost” (Doctrine and Covenants 20:60).

What is the Aaronic Priesthood?

The priesthood is the authority and power of God. It is given by the laying on of hands to worthy men who are willing to represent Jesus Christ and serve Him. The priesthood is not earned or used for personal gain; it is given so you can bless others and help them come unto Jesus Christ. The Aaronic Priesthood holds the keys of the ministering of angels, the gospel of repentance, and baptism for the remission of sins. It also administers “outward ordinances” (see Doctrine and Covenants 13:1; 84:26–27; 107:20).

In the year you turn 12, you can receive the Aaronic Priesthood and be ordained a deacon.

What does God want me to do as a deacon?

As a deacon, you:

1. **Serve others.** You pass the sacrament to help people remember Jesus Christ and make covenants to follow Him. You can receive a temple recommend and go to the house of the Lord to be baptized and confirmed for your ancestors. Other opportunities to serve will come from your bishop (see Doctrine and Covenants 107:68) or from spiritual promptings to reach out to people around you.
2. **Invite all to come unto Christ.** The Lord wants you “to warn, expound, exhort, and teach, and invite all to come unto Christ” (Doctrine and Covenants 20:59). You can do this through words but even more powerfully through the way you live (see 1 Timothy 4:12). You can also speak in meetings, share the gospel, and bear testimony.

How can the FSY guide help?

Each month, you can accept a new invitation from the FSY guide. This will help you become a more faithful follower of Jesus Christ and serve Him more diligently as a deacon.

Teacher

(beginning the year you turn 14)

A teacher is to “watch over the church always, and be with and strengthen them” (Doctrine and Covenants 20:53).

What is the Aaronic Priesthood?

The priesthood is the authority and power of God. It is given by the laying on of hands to worthy men who are willing to represent Jesus Christ and serve Him. The priesthood is not earned or used for personal gain; it is given so you can bless others and help them come unto Jesus Christ. The Aaronic Priesthood holds the keys of the ministering of angels, the gospel of repentance, and baptism for the remission of sins. It also administers “outward ordinances” (see Doctrine and Covenants 13:1; 84:26–27; 107:20).

In the year you turn 14, you can be ordained a teacher in the Aaronic Priesthood.

What does God want me to do as a teacher?

As a teacher, you have all the responsibilities of a deacon. In addition, you:

1. **Serve others.** You can help ward members make sacred covenants with Jesus Christ by preparing the sacramental bread and water, which represent the Savior’s atoning sacrifice. You can be assigned as a ministering brother and give Christlike care to the people you are assigned—and to anyone else you notice who is in need (see Doctrine and Covenants 20:53–55).
2. **Invite all to come unto Christ.** The Lord wants you “to warn, expound, exhort, and teach, and invite all to come unto Christ” (Doctrine and Covenants 20:59). As a ministering brother, you help others strengthen their faith in Jesus Christ, receive ordinances, make and keep sacred covenants, and grow spiritually.

How can the FSY guide help?

Each month, you can accept a new invitation from the FSY guide. During your years as a teacher, you can also begin attending seminary and FSY conferences. All of this will help you become a more faithful follower of Jesus Christ and serve Him more diligently as a teacher.

Priest *(beginning the year you turn 16)*

A priest is to “preach, teach, expound, exhort, . . . and visit the house of each member, and exhort them to pray vocally and in secret and attend to all family duties” (Doctrine and Covenants 20:46–47).

What is the Aaronic Priesthood?

The priesthood is the authority and power of God. It is given by the laying on of hands to worthy men who are willing to represent Jesus Christ and serve Him. The priesthood is not earned or used for personal gain; it is given so you can bless others and help them come unto Jesus Christ. The Aaronic Priesthood holds the keys of the ministering of angels, the gospel of repentance, and baptism for the remission of sins. It also administers “outward ordinances” (see Doctrine and Covenants 13:1; 84:26–27; 107:20).

In the year you turn 16, you can be ordained a priest in the Aaronic Priesthood.

What does God want me to do as a priest?

As a priest, you have all the responsibilities of a deacon and teacher. In addition, you:

1. **Serve others.** You help ward members make sacred covenants with Jesus Christ by blessing the sacramental bread and water, which represent the Savior’s atoning sacrifice. You can baptize—including in the temple for deceased ancestors. You can also ordain other priests, teachers, and deacons. Additionally, you can lead, teach, and encourage deacons and teachers, supporting them as they accept FSJ invitations.
2. **Invite all to come unto Christ.** The Lord wants you “to warn, expound, exhort, and teach, and invite all to come unto Christ” (Doctrine and Covenants 20:59). As a ministering brother, you help others strengthen their faith in Jesus Christ, receive ordinances, make and keep sacred covenants, and grow spiritually.

How can the FSJ guide help?

Each month, you can accept a new invitation from the FSJ guide. You also strengthen and encourage deacons and teachers with their invitations and priesthood responsibilities. During your years as a priest, you can also attend seminary and FSJ conferences. All of this will help you become a more faithful follower of Jesus Christ and serve Him more diligently as a priest.

This is a sacred season, when you prepare to become a man of righteous influence. This includes being ordained an elder, receiving your temple endowment, serving a mission, and preparing for an eternal family.

Elder

(after you turn 18)

Elder is an office in the Melchizedek Priesthood, which includes “the keys of all the spiritual blessings of the church” (Doctrine and Covenants 107:18).

What is the Melchizedek Priesthood?

The priesthood is the authority and power of God. It is given by the laying on of hands to worthy men who are willing to represent Jesus Christ and serve Him. The priesthood is not earned or used for personal gain; it is given so you can bless others and help them come unto Jesus Christ. The Melchizedek Priesthood holds “the keys of all the spiritual blessings of the church” (Doctrine and Covenants 107:18). Through the ordinances of the Melchizedek Priesthood, “the power of godliness is manifest” in the lives of God’s children (Doctrine and Covenants 84:20).

What does God want an elder to do?

When you are ordained an elder, you will continue to have all the responsibilities you had as an Aaronic Priesthood holder. In addition, you:

1. **Serve others.** When you are an elder, you will have authority to give the gift of the Holy Ghost, give children a name and blessing, and give blessings of healing and comfort (see Doctrine and Covenants 20:43, 70; 42:44; James 5:14). Elders “watch over the church” by serving as ministering brothers (Doctrine and Covenants 20:42). They follow the example of Jesus Christ by giving loving service to people who are in need.
2. **Invite all to come unto Christ.** Elders have a specific responsibility to “proclaim the everlasting gospel, by the Spirit of the living God, from people to people, and from land to land” (see Doctrine and Covenants 68:1–2). You fulfill this duty by serving as a missionary and by sharing the gospel with others throughout your life.

PRESIDENCY MEETING AGENDA

If you would like to use this template every time you meet, print a new copy from this blank document or write your answers in a notebook each time you meet as a presidency.

DATE:

CONDUCTING:

PRAYER:

Follow-Up
Discuss the assignments made in the previous meeting and in ward youth council.

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Caring for the Youth
How can we support and minister to the members of our age-group or quorum? How can we invite them to come unto Christ? How can we create unity? (See 3 Nephi 18:32.)

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Sunday Meetings
Who should teach upcoming lessons? How will we invite the Spirit and teach of Christ?

DATE	ADULT LEADER	YOUTH(S)

Activities (camps, conferences, service, and other activities)

DATE	ACTIVITY (SEE PLANNING TEMPLATE ON PAGE T12)

REVIEW ASSIGNMENTS

PRAYER:

OTHER ROLES

Young Women Presidencies, Young Men Advisers, and Other Adult Leaders

The Savior can help you be a righteous example and trusted mentor. As you get to know the youth, spend time with them, and listen to them, you will build trust with them. This will help you teach them the joy of keeping covenants and drawing closer to Heavenly Father and Jesus Christ.

To prepare for their future, the youth will need to discover their spiritual gifts and learn to do hard things. Pray for them and for inspiration to understand and meet their needs. Encourage them and show interest in their interests. Support them by asking questions and offering help.

You have the opportunity to mentor the youth as they learn to be lifelong disciples by believing in Christ, belonging with Him, and becoming more like Him. You help by supporting and advising them in their assignments and responsibilities. Help them prepare talks and teach portions of lessons. Notice and appreciate the good they do, and celebrate their successes and achievements.

Perhaps your most important influence will come as you minister to the youth in a Christlike way and share your experiences and testimony.

*Adapt as needed to meet local and personal needs.
See page T6.*

Read Acts 8:26–39. What do you learn from Philip in his role as mentor to the Ethiopian?

Age-Group and Quorum Presidencies

Jesus Christ will help you when you are called to serve in leadership positions. When you are set apart, you receive His delegated authority to fulfill your calling.

In God's kingdom, a leader is one who serves. Get to know and love the members of your class or quorum. Minister to them as the Savior would. Pray for them. Be an example. Gain their trust through your words and actions. Be patient and positive, be a peacemaker, and share your testimony often. Help everyone feel welcome and included.

You might be invited to attend meetings such as presidency meetings and ward youth council.

You will have the opportunity to help plan activities and events. You can give assignments to class or quorum members to help. As you do, follow through to make sure they are completed, and reflect on what went well and what can be improved.

Under the direction of the bishopric, Young Women age-group presidencies organize youth to greet people as they arrive at sacrament meeting.

Under the direction of the bishopric, quorum presidencies lead Aaronic Priesthood holders as they administer the ordinance of the sacrament.

Working together, quorum presidencies and Young Women age-group presidencies lead out in God's work of salvation and exaltation, including living the gospel, caring for those in need, inviting others to receive the gospel, and uniting families for eternity. They help those they serve to become lifelong disciples and find great joy in living the gospel of Jesus Christ.

Read Alma 17:2–14 and Alma 19:13–29. How did the sons of Mosiah and Abish become "instrument[s] in the hands of God"?

Parents and Family

Heavenly Father has given you, as a parent, the opportunity to help your children grow in faith in Jesus Christ and follow Him (see Doctrine and Covenants 68:25).

Your love for your children and for the Lord can create a safe, nurturing space where your children can grow. Be involved in their lives, and be intentional as you set boundaries, monitor screen time, and know their friends.

"Happiness in family life is most likely to be achieved when founded upon the teachings of Jesus Christ" ("The Family: A Proclamation to the World," Gospel Library). Your efforts to live the Savior's teachings will help you build a Christ-centered home culture.

Believe: Ask about how your child is building faith in Christ, including with their monthly FSY invitations.

Belong: Encourage your child to participate in activities, camps, and conferences.

Become: Support your child as they grow spiritually. Discuss their experiences often.

Read 2 Timothy 1:5; 3:14–15; Joseph Smith—History 1:20, 50. How did these parents and grandparents make a difference?

Bishopric

You are responsible for the rising generation in your ward. As much as possible, delegate other matters to the elders quorum and Relief Society so you can focus on the well-being, growth, and development of the youth.

You can also delegate program and administration tasks to clerks, executive secretaries, advisers, quorum and age-group presidents, and specialists. Ensure that those assisting have clear assignments and authority to act.

Take the time necessary to show you care. Help create belonging by attending activities. Be joyful in serving the youth. Let them see how much you love them and love the Lord.

Meeting with the Youth Individually

For guidelines on meeting with youth, see *General Handbook*, 31.3.1.

As you meet with youth, ask them about their efforts in accepting FSY invitations and applying gospel principles. Recognize their progress, and let them share what they are learning as they overcome challenges. Ask priests and Gatherers of Light about their experiences as they encourage and teach others.

For other ideas about topics to discuss when you meet with youth, see General Handbook, 31.3.1.2.

Read Joseph Smith—History 1:30–54; Alma 8:21–30; 15:18. How did Moroni encourage and strengthen Joseph Smith? How did Alma encourage and strengthen Amulek?

NOTES

1. See *Teachings of Presidents of the Church: Joseph Smith* (2007), 451, 453.
2. Emma Smith, in Nauvoo Relief Society Minute Book, Mar. 17, 1842, 12, josephsmithpapers.org.